

## **WHAT HAPPENS AFTER YOUR SLEEP STUDY IS COMPLETED**

### **Study results are evaluated:**

After you complete your study it will be evaluated by a sleep technician. The information is tabulated and a report generated. The report and study data is then reviewed by your sleep physician, who will determine if you have a sleep disorder and prescribe a plan of care.

### **Results are communicated to you:**

The physician's office who ordered your sleep study will call you to either schedule a follow-up appointment to discuss the results, or to communicate the results to you over the phone. If you have not heard from your physician within 14 days, please contact their office. Genesis Sleep Physicians often will be your ordering and interpreting physician: Dr. Rojewski (740-454-0158), Dr. Bjornstad (740-588-9120), Dr. Sattar (740-586-6888) or Dr. Abou Abdallah (740-586-6888).



Results are available in MyChart, usually as soon as the test has been interpreted. To sign up for MyChart, go to [www.mychart.genesisches.org](http://www.mychart.genesisches.org) or scan this QR code. Call the Genesis MyChart Support Line at 740-454-5008 if you need assistance signing up for MyChart.

### **Your treatment or plan of care is prescribed:**

The results of your sleep study may indicate that you have a sleep disorder which means you may need something beyond improving your sleep routine. This could be surgery, a prescription for medication, or therapy such as Continuous Positive Airway Pressure (CPAP) or Bilevel Positive Airway Pressure (BPAP). Your sleep physician will coordinate your therapy with a provider of your choice to ensure you begin to get a restful night's sleep as soon as possible.

### **We monitor your progress and support you:**

We want to make sure that you are comfortable with and benefitting from your therapy. Your sleep physician will be in contact with you as you adjust to the therapy and begin to experience improved quality of sleep.

### **Your responsibility as a patient using CPAP/BPAP:**

Please contact your CPAP/BPAP equipment provider immediately if you are having trouble with your therapy, mask fit, or if you have other concerns. You should be receiving follow up calls from your equipment provider periodically regarding replacement masks and supplies. Check with your insurance to find out how often they will cover masks and supplies. Please contact your equipment provider if you wish to be refit for a mask.

**Thank you for choosing Genesis HealthCare System to help you get a good night's sleep!**